

TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY



AUGUST 7, 2022 – PROPER 14/PENTECOST 9 – YEAR C
10:00 AM - THE HOLY EUCHARIST: RITE TWO
CELEBRANT - THE VERY REV. RENÉ JOHN
PREACHER – THE REV. MARGO SIMPLE

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www.TrinityCathedralNJ.org

The Very Rev. René Rory John, Dean

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings (with the exception of the Academy Pre-School.) Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces, and remain 6 feet apart from people not in your immediate household.

If you're not familiar with our Episcopal worship service, we hope this will help. For sanitary purposes, all of our prayers are printed in this bulletin.

Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons

Prelude

Dr. Kerry Heimann, organ

Remain standing

Processional Hymn Hymnal # 636

How Firm a Foundation, Ye Saints of the Lord

1
How firm a foundation, ye saints of the
Lord,
is laid for your faith in his excellent word!
What more can he say than to you he hath
said,
to you that for refuge to Jesus have fled?

3
"When through the deep waters I call thee to
go,
the rivers of woe shall not thee overflow;
for I will be with thee, thy troubles to bless,
and sanctify to thee thy deepest distress.

2
"Fear not, I am with thee; O be not
dismayed!
For I am thy God, and will still give thee
aid;
I'll strengthen thee, help thee, and cause
thee to stand,
upheld by my righteous, omnipotent hand.

4
"When through fiery trials thy pathway shall
lie,
my grace, all-sufficient, shall be thy supply;
the flame shall not hurt thee; I only design
thy dross to consume, and thy gold to refine.

5
"The soul that to Jesus hath fled for repose,
I will not, I will not desert to its foes;
that soul, though all hell shall endeavor to
shake,
I'll never, no, never, no, never forsake."

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All sing

Hymnal # S-278

Gloria in Excelsis



1. Glo-ry to God in the high-est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa - ther, we wor - ship you, we give you thanks, we



praise you for your glo - ry. 3. Lord Je - sus Christ,



on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer. 6. For

you a-lone are the Ho-ly One, you a-lone are the Lord,
 7. you a-lone are the Most High, Je-sus Christ, with the
 Ho-ly Spi-rit, in the glo-ry of
 God the Fa-ther. A-men.

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People are seated

First Reading

Lector: Brenda Whiteman

A Reading from the book of the prophet Isaiah (1:1, 10-20)

The vision of Isaiah son of Amoz, which he saw concerning Judah and Jerusalem in the days of Uzziah, Jotham, Ahaz, and Hezekiah, kings of Judah. Hear the word of the Lord, you rulers of Sodom! Listen to the teaching of our God, you people of Gomorrah! What to me is the multitude of your sacrifices? says the Lord; I have had enough of burnt offerings of rams and the fat of fed beasts; I do not delight in the blood of bulls, or of lambs, or of goats. When you come to appear before me, who asked this from your hand? Trample my courts no more; bringing offerings is futile; incense is an abomination to me. New moon and sabbath and calling of convocation—I cannot endure solemn assemblies with iniquity. Your new moons and your appointed festivals my soul hates; they have become a burden to me, I am weary of bearing them. When you stretch out your hands, I will hide my eyes from you; even though you make

many prayers, I will not listen; your hands are full of blood. Wash yourselves; make yourselves clean; remove the evil of your doings from before my eyes; cease to do evil, learn to do good; seek justice, rescue the oppressed, defend the orphan, plead for the widow. Come now, let us argue it out, says the Lord: though your sins are like scarlet, they shall be like snow; though they are red like crimson, they shall become like wool. If you are willing and obedient, you shall eat the good of the land; but if you refuse and rebel, you shall be devoured by the sword; for the mouth of the Lord has spoken.

The Word of the Lord.

People: Thanks be to God.

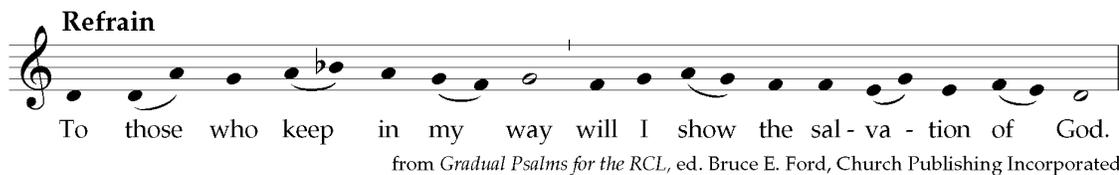
Remain seated

All sing Refrain together

Psalm 50: 1–8, 23–24

Cantor: Cn. Dr. Paul Cooper

Refrain



To those who keep in my way will I show the sal - va - tion of God.
from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

The Lord, the God of gods, has spoken; *
he has called the earth from the rising of the sun to
its setting.

Out of Zion, perfect in its beauty, *
God reveals himself in glory.

Refrain

Our God will come and will not keep silence; *
before him there is a consuming flame,
and round about him a raging storm.

He calls the heavens and the earth from above *
to witness the judgment of his people.

Refrain

“Gather before me my loyal followers, *
those who have made a covenant with me
and sealed it with sacrifice.”

Let the heavens declare the rightness of his cause; *
for God himself is judge.

Refrain

Hear, O my people, and I will speak:
“O Israel, I will bear witness against you; *
for I am God, your God.

I do not accuse you because of your sacrifices; *
your offerings are always before me.

Refrain

Consider this well, you who forget God, *
lest I rend you and there be none to deliver you.
Whoever offers me the sacrifice of thanksgiving
honors me; *
but to those who keep in my way will I show
the salvation of God.”

Refrain

Remain seated

Second Reading

Lector: Althia Muse

A Reading from Paul’s letter to the Hebrews (11:1-3, 8-16)

Now faith is the assurance of things hoped for, the conviction of things not seen. Indeed, by faith our ancestors received approval. By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible. By faith Abraham obeyed when he was called to set out for a place that he was to receive as an inheritance; and he set out, not knowing where he was going. By faith he stayed for a time in the land he had been promised, as in a foreign land, living in tents, as did Isaac and Jacob, who were heirs with him of the same promise. For he looked forward to the city that has foundations, whose architect and builder is God. By faith he received power of procreation, even though he was too old—and Sarah herself was barren—because he considered him faithful who had promised. Therefore from one person, and this one as good as dead, descendants were born, “as many as the stars of heaven and as the innumerable grains of sand by the seashore.” All of these died in faith without having received the promises, but from a distance they saw and greeted them. They confessed that they were strangers and foreigners on the earth, for people who speak in this way make it clear that they are seeking a homeland. If they had been thinking of the land that they had left behind, they would have had opportunity to return. But as it is, they desire a better country, that is, a heavenly one. Therefore God is not ashamed to be called their God; indeed, he has prepared a city for them.

The Word of the Lord.

People: Thanks be to God.

All stand, as able

Sequence Hymn

Hymnal # 68

Rejoice! Rejoice, Believers!

1
Rejoice! rejoice, believers,
and let your lights appear!
The evening is advancing,
and darker night is near.

The Bridegroom is arising,
and soon he will draw nigh;
up, watch in expectation!
at midnight comes the cry.

2

See that your lamps are burning,
replenish them with oil;
look now for your salvation,
the end of sin and toil.
The marriage-feast is waiting,
the gates wide open stand;
rise up, ye heirs of glory,
the Bridegroom is at hand!

3

Our hope and expectation,
O Jesus, now appear;
arise, thou Sun so longed for,
above this darkened sphere!
With hearts and hands uplifted,
we plead, O Lord, to see
the day of earth's redemption,
and ever be with thee!

Remain standing

The Gospel: Luke 12:32-40

Deacon: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: **Glory to you, Lord Christ.**

Jesus said to his disciples, "Do not be afraid, little flock, for it is your Father's good pleasure to give you the kingdom. Sell your possessions, and give alms. Make purses for yourselves that do not wear out, an unfailing treasure in heaven, where no thief comes near and no moth destroys. For where your treasure is, there your heart will be also. Be dressed for action and have your lamps lit; be like those who are waiting for their master to return from the wedding banquet, so that they may open the door for him as soon as he comes and knocks. Blessed are those slaves whom the master finds alert when he comes; truly I tell you, he will fasten his belt and have them sit down to eat, and he will come and serve them. If he comes during the middle of the night, or near dawn, and finds them so, blessed are those slaves. But know this: if the owner of the house had known at what hour the thief was coming, he would not have let his house be broken into. You also must be ready, for the Son of Man is coming at an unexpected hour."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

**The Rev. Margo Simple
Priest-in-Charge,
Good Shepherd Episcopal Church
Venetie, Alaska**

All stand as able and say together

A Statement of Faith based on Galatians 3:26-28

**We are all children of God.
There is no longer Jew or Greek.**

**There is no longer slave or free.
There is no longer male and female.
For we are all one.
We believe Jesus lived for this and died for this.
We pledge ourselves with God's help and the support of each other to make this become a reality.**

All stand
Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Remain standing

Prayers of the People

Lector: Chinweze Ahaghotu

The Lector and People pray responsively

Deacon: We have been taught to pray by the Lord. So with one voice we ask for us all, saying: Lord, hear our prayer.

Lector: To face the promise of life with the courage you give, we pray you, O Lord:

People: **Lord, hear our prayer.**

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Eugenia Collins, Timothy Patrick Wilson, III, Nyasha Bakare & Alain Nganang, Larry & Sunday Gustin, Eon Ross, Briana Perry, Veronica Ngwayah, Emeka Ogbonna, Anthony Dunn and Dr. Nyasha Bakare.**

People: **Lord, hear our prayer**

Lector: To face the evil of life with the goodness you give, we pray you, O Lord:

People: **Lord, hear our prayer.**

Lector: To face the death of life with the love you give, we pray you, O Lord:

People: **Lord, hear our prayer.**

Deacon: We remember those who have died, especially **Vin Scully, Nichelle Nichols, Jackie Walorski**, and the victims of the ongoing wars around the world.

People: **Lord, hear our prayer.**

Lector: To face our aged with your unfailing mind, we pray you, O Lord:

People: **Lord, hear our prayer.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the people of Ukraine and Russia, Dawn Morton-Rias, the Rias and Morton families, the Abe family, Tom & Star Peters, Marvin Porter, III, Byron, Courtney, the Brown family, Elsie Nelson Pilgrim, Michael Pilgrim, Barry Pilgrim, Lisa Pilgrim, Jean Taylor, Wayne Nelson Miller, Thomas Harrington, Mae Heading, Laura Fuschini, Sue Hollins and the Hollins family, Derek Gibson, Mary Johnson, Marilyn Ellwood, George Foster-Bey, Maureen Perry, Karen Swan, Kim Swan, Bryan Holder, the people of Kentucky, Bill Russell, Nicole Strait, Hope, Joe, Samuel, Mike, Leroy, Rodney, Earl Modeste, Darrel, Toni, Marilyn, Teddy, Cecelia Sims, and all those affected by Covid-19.**

People: **Lord, hear our prayer.**

Lector: To face our young with your unfailing heart, we pray you, O Lord:

People: Lord, hear our prayer.

Lector: To face our poor with your unfailing hand, we pray you, O Lord:

People: Lord, hear our prayer.

Lector: To face all war with loathing, as you do, we pray you, O Lord:

People: Lord, hear our prayer.

Lector: To face all peace with longing, as you do, we pray you, O Lord:

People: Lord, hear our prayer.

Silence, as the people add their own petitions.

Celebrant: It is your way with life that we want, O Lord, that we ask of you. And you have offered it. It is a joy to live by you. May those who do not know this find it out through your presence in their world. We pray in Jesus' name. **Amen.**

Confession of Sin

Celebrant: Let us confess our sins against God and our neighbor.

Minister and People:

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Holy Communion

Please remain seated while Ushers collect the offertory

Offertory Anthem

Bogoroditse Devo

Sergei Rachmaninoff

*Ensemble: Fay Manicke, Sue Gummere, Susan Remmers, Cn. Dr. Paul Cooper,
Dr. Kerry Heimann, Dr. Bernard McMullan*

Rejoice, virgin mother of God,
Mary, full of grace, the Lord is with you.
Blessed are you among women,
and blessed is the fruit of your womb,
for you have borne the Savior of our souls.

All stand, as able

Offertory Hymn

Hymnal # 623

O What Their Joy

and Their Glory Must Be

Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.

1
O what their joy and their glory must be,
those endless Sabbaths the blessed ones see;
crown for the valiant, to weary ones rest:
God shall be all, and in all ever blest.

2
Truly "Jerusalem" name we that shore,
city of peace that brings joy evermore;
wish and fulfillment are not severed there,
nor do things prayed for come short of the
prayer.

3
There, where no troubles distraction can
bring,
we the sweet anthems of Zion shall sing;
while for thy grace, Lord, their voices of
praise
thy blessed people eternally raise.

4
Now, in the meanwhile, with hearts raised
on high,
we for that country must yearn and must
sigh,
seeking Jerusalem, dear native land,
through our long exile on Babylon's strand.

Low before him with our praises we fall,
of whom, and in whom, and through whom
are all;

of whom, the Father; and in whom, the Son;
through whom, the Spirit, with them ever
One.

The Great Thanksgiving: Eucharistic Prayer A

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The Celebrant proceeds . . .

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People:

Hymnal # S-128

Sanctus

Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who



The people stand or kneel. Then the Celebrant continues . . .

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

Christ is risen.

Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we now pray . . .

Celebrant and People:

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

**Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those
 who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.**

Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then may be said . . .

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

Hymnal # S-165

Fraction Anthem

Je - sus, Lamb of God: Have mer - cy

on us. Je - sus, bear - er of our sins: Have mer - cy

on us. Je - sus, re - deem - er of the world: Give us your peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion:

Celebrant: My Jesus, We believe that you are truly present in the Blessed Sacrament of the Altar. We love you above all things, and long for you in our soul. Since some cannot now receive you sacramentally, come at least spiritually into their hearts. As though you have already come, we embrace you and unite ourselves entirely to you; never permit us to be separated from you. Amen. (*St. Alphonsus de Liguori, 1696-1787*)

All Baptized Christians are welcome to make their Communion at the Lord's table.

Music at Communion

Dr. Kerry Heimann, organ

Communion Hymn Hymnal # 635

If Thou But Trust in God to Guide Thee

1
If thou but trust in God to guide thee,
and hope in him through all thy ways,
he'll give thee strength whate'er betide thee,
and bear thee through the evil days.
Who trusts in God's unchanging love
builds on a rock that nought can move.

2
Sing, pray, and keep his ways unswerving;
so do thine own part faithfully,
and trust his word, though undeserving;
thou yet shalt find it true for thee;
God never yet forsook in need
the soul that trusted him indeed.

The Post-Communion Prayer

Celebrant and People: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Announcements

All stand, as able

Recessional Hymn Hymnal # 533

How Wondrous and Great Thy Works, God of Praise!

1
How wondrous and great thy works, God of
praise!
How just, King of saints, and true are thy
ways!
O who shall not fear thee, and honor thy
Name?
Thou only art holy, thou only supreme.

2
To nations of earth thy light shall be shown;
their worship and vows shall come to thy
throne:
thy truth and thy judgments shall spread all
abroad,
till earth's every people confess thee their
God.

Blessing

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Dismissal

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

WE WELCOME THE REV. MARGO SIMPLE, DAUGHTER OF CANONS PAUL AND TERRY COOPER, AS OUR GUEST PREACHER THIS MORNING!

PLEASE REMEMBER IN YOUR PRAYERS

We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; William, our Bishop; René, Dean of this Cathedral; Peter, Noel and Bruce, Priest Associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially the Church in the Province of the West Indies; and for our brothers and sisters in this diocese, including David, Joe Morris, and Sylvestre, retired Bishops; and the Rev. Dcn. Eric Tuttle.

We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God.

TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
AUGUST 7, 2022 ~ PROPER 14 / PENTECOST 9



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 8/14 are:

Frances O'Brien, Ellen Heath, Janet Thompson & Sue Gummere (alternate)

Join us for a Rite 1 Eucharist in the Chapel from **8:30am-9:15am** on the 1st and 3rd Sunday of each month. This is a spoken Mass with hymns.

On **Sunday, August 14, at 4 pm**, you are invited to attend **Vespers of Our Lady**, which will be conducted in the Cathedral at St. Elizabeth's Altar by Society of Mary Chaplain, Fr. John Conner. This is a prelude to the Feast of *St. Mary the Virgin* that is widely observed on the following day. For more information, please see Cn. Paul Cooper.

Trinity Cathedral Academy offers a FREE pre-school program for 3- and 4-year-olds who reside in the City of Trenton. There are still openings available for fall. If you know any children who qualify, and are interested in a highly regarded pre-school program, the Academy office is open on Tuesdays from 10 AM to 1 PM for the remainder of the summer. Registration requires a birth certificate, two proofs of residency, and a shot record. The program operates on the same calendar as the Trenton Public Schools, September through June. Hours are 8:45 AM to 3 PM. The Academy phone number is (609) 396-1484. Please spread the word!

It's that time again! - Time to clean out your closets, drawers, basements, and garages for all those things that are just cluttering up your life. Then put them in your car and bring them to Trinity for the rummage sale! The sale is scheduled for September 22, 23, 24 and 25. We will have a storage pod in the parking lot beginning September 1st. This allows you to bring your treasures here at your convenience. Then we can sort and price and be ready to rock and roll on the 22nd. As always, thank you for your support of this fundraising event. Last year we raised \$4,000 – let's do it again!

Trinity Cathedral is excited to be bringing music BACK to the Cathedral! - Our first event will feature nationally-recognized baritone vocalist, Keith Spencer, and award-winning composer and arranger, Peter Hilliard, teaming up to present a world debut concert! They will present a musical tapestry of African American Spirituals interspersed with spoken word narratives, poetry, and letters penned by freed slaves, entitled "Lord, Write My Name." Sunday, September 25 at 2:00 PM. See the flyer or our website to purchase tickets, or Dennie Higgins at church on Sundays.

Our Weekly Zoom Check-in - The Tuesday Cathedral Zoom meetings hosted by Nancy Hood-Boczar will be "on vacation" for the month of August. They are expected to return after Labor Day; stay tuned here for an announcement.

Rosary Devotions are conducted by the Society of Mary (SoM) via Zoom (phone access also available) every Thursday at 8 pm. If you would like to participate, please E-mail Erica Warner at vassose@aol.com and she will send you guide sheets with the Zoom link (and telephone number if needed) so that you can join us virtually in these devotions. Please feel free to join us. Additionally, on **Sunday, August 14, at 4 pm**, you are invited to attend **Vespers of Our Lady**, which will be conducted in the Cathedral at St. Elizabeth's Altar by SoM Chaplain, Fr. John Conner. This is a prelude to the Feast of *St. Mary the Virgin* that is widely observed on the following day.

The next Food Pantry distribution date is – Saturday, August 13th (2nd & 4th Saturdays this month) from 9-11:00 am. All food contributions to the Pantry are welcomed. Please bring your donations to the Cathedral office during the week or leave them on the frontal case (the “stage”) in Synod Hall on Sundays. Also, monetary donations are always welcome as they enable us to purchase additional food from the Food Bank and local groceries. For more info., speak with Ellen Wanser. **THANK YOU** for your support.

Each Thursday, we distribute hot dinners “to go” from 5:00–6:00pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.

After prayerful consideration and in confidence of declining infection numbers and hospitalizations, the Vestry and Dean have determined that masking at Trinity Cathedral can now be optional. This decision was not made lightly and each individual is welcome to continue masking as they deem necessary, or in consultation with a medical professional of their choice.

The Cathedral is currently offering communion with both Christ's Body and Blood. The consensus of public health studies to date show that there is no documentable risk of COVID19 transmission through the common cup. We understand individuals may have different comfort levels as to how they receive communion. Following the teaching of our Episcopal tradition, all persons may, but no person must, receive communion in both kinds to receive the full spiritual benefits of communion. You may choose to receive only the host at this time. Should you choose to receive the wine, one vessel will be offered for those who want to sip the wine from the common cup. Another vessel will be offered for those who wish to receive by intinction (the host dipped in the wine.) Please note only the Chalice Administrator will intinct the host. (Diocese of New Jersey revised protocols.)

Our Vision:

A visible agent of God's love in Christ, joyfully embracing all people.

Our Mission:

God is here; Jesus loves you.

**We are a welcoming, diverse community sharing God's love,
Spreading the Gospel, and caring for all people and God's creation.**

Come join us.



THIS WEEK'S CATHEDRAL SCHEDULE

TODAY (8/7)

8:30 am

10:00 am

Proper 14/Pentecost 9

Rite I Eucharist in All Saints Chapel (in-person only)

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Mon. (8/8)

Summer office hours: 9am – 4pm

Thurs. (8/11)

5:00 pm

8:00 pm

TASK Meals

Rosary Devotions via Zoom

Sat. (8/13)

9 – 11:00 am

10:00 am

Food Pantry

Grief Support Group in the Guild Room

Sun. (8/14)

10:00 am

Proper 15/Pentecost 10

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Beloved, as you and I face the challenges of the days ahead, let us hold one another in prayer. As stressful as these times have been, God is with us and I believe 'all shall be well.' ~ **Julian Norwich.**